

# minimalist baby essentials

ALL YOU NEED FOR MOM, HOUSEHOLD, & NEW BABY

## MOM

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- TYLENOL
- PADS & UNDIES
- ROBES (2)
- LARGE CUP & STRAW
- VITAMINS

## FOR BREASTFEEDING

- NIPPLE CREAM
- NURSING TANKS (4)
- QUICK COVER-UPS
- NURSING BRAS (2)
- BREAST PUMP
- MILK STORAGE BAGS
- CLOTH NURSING PADS (6)
- DIAPER BAG

## NICE TO HAVE:

- NURSING COVER

## NOTES

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## HOUSEHOLD

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- CARSEAT
- MINI-CRIB/MATTRESS
- CRIB SHEETS (2)
- SCENT FREE DETERGENT
- BATH SLING
- SWING/BOUNCER

## NICE TO HAVE:

- PLAYMAT
- BABY CARRIER
- ROCKING CHAIR
- NIGHTLIGHT
- BABY MONITOR APP
- STROLLER
- PACK-N-PLAY MINI
- CHANGING TABLE/PAD

## BABY

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- SWADDLE BLANKETS (8)
- BABY HATS (3)
- REVERSE ZIP JAMMIES (4)
- WHITE ONESIES NB-6M (6)
- SOFT BABY SOCKS (6)
- BOTTLES
- BATH WASH/SHAMPOO
- LOTION
- DIAPER CREAM
- NAIL CLIPPERS
- THERMOMETER
- BABY BRUSH
- BABY WASHCLOTHS
- BURP CLOTHS
- BABY BATH TOWELS
- DIAPERS
- BABY WIPES
- GRIPE WATER
- ALCOHOL WIPES
- WHITE NOISE APP



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